



Integrative Fascial Release Level 1

TWO DAY WORKSHOP-PERTH, WA

August 28-29th, 2010

Saturday & Sunday 9am-5 pm

Venue: Endeavour College of Natural Health- Perth East, WA

Cost \$495 Full Payment/Student \$375/\$250 Deposit Required.

*Non-Refundable deposit unless workshop is cancelled by the Organizers**

IFR Level 1 is an introductory course whose focus is upon three myo-fascial releasing methods: autonomic nervous system release, movement and mechanical releases. These are blended through the introduction of principles and concepts that are integrated with hands-on application.

Techniques introduced include two-pointing, transverse plane releases, static and leverage joint play & compression techniques used to engage and release three dimensional myofascial restrictions.,

Steven Goldstein has been teaching his unique blend of myofascial releasing techniques internationally since 1995.

To Register for IFR Level 1 Perth Workshop

Name.....

Address.....

City.....

Telephone.....

Email.....

Credit Card # VISA MasterCard BankCard

.....Exp...../.....

Direct Deposit Westpac BSB 033 059 278 892

Please Circle → Full Payment \$495 Student \$375 or Deposit \$250

Send payment or make cheques payable to:

Steven Goldstein

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