



# Integrative Soft-Tissue Release AUTONOMIC MANIPULATION 1 WORKSHOP

September 27-28th, 2014

Saturday-Sunday 9am-5:30 pm

Venue: TBA

***\$395 Full Payment/\$200 Deposit Required  
Students \$270 Full Payment/\$135 Deposit.***

***Non-Refundable deposit unless workshop is cancelled by the Organizers\****

***Create transformation for yourself & your clients.***

***These skills are too important for you not to work intelligently and with less effort!***

**Description:** ISTR Autonomic Manipulation 1 is an introductory course whose focus is upon three myo-fascial releasing methods: autonomic nervous system, movement and mechanical releases. These are blended principles and concepts from multiple modalities that are integrated with hands-on application. Powerful, profound yet gently applied techniques include Two-Pointing, The 'Fulcrum', Transverse Plane Releases, Static and Leverage compression-tension techniques are used to engage and release articular & myofascial restrictions.

Steven Goldstein has been teaching his unique blend of soft-tissue releasing techniques internationally since 1995, in Australia, Europe, UK, USA, Canada, India & the South Africa.

## To Register for ISTR Foundations Adelaide September 2014 Workshop

Name.....

Address.....

City.....

Telephone.....

Email.....

Credit Card # VISA MasterCard BankCard

.....Exp...../.....

Direct Deposit Westpac BSB 033 059 278 892

Please Circle → Full Payment \$395/Student \$270 or Deposit \$200/\$135

Send payment or make cheques payable to:  
**Steven Goldstein @ 49 Parkmore Rd, Bentleigh East, Vic 3165**

Contact: mobile 0402 068 658

Email: [steven@fascialrelease.com](mailto:steven@fascialrelease.com) Web Site: [www.fascialrelease.com](http://www.fascialrelease.com)